

Phyllis Klein Thrope Memorial Programs

At Temple Emunah ~ 9 Piper Road ~ Lexington, MA 02421



Following Phyllis Klein Thrope's death in 1986 at the age of 33, her family established the Phyllis Klein Thrope Memorial Fund to honor her memory. The Fund's purpose is to build bridges and promote better understanding between the Jewish community and its neighbors. It seeks to achieve these goals by sponsoring programs that bring together people from throughout the community to examine issues and concerns shared by all. **All Phyllis Klein Thrope Memorial Programs are free and open to the public. You are encouraged to invite your neighbors and friends.**

Current Concepts in Aging and Alzheimer's Disease

With Rebecca Amariglio

October 19, 2017 8:00—9:30 PM



Fellow Temple Emunah congregant Rebecca Amariglio will provide a description of normal aging and Alzheimer's disease, discuss preclinical Alzheimer's disease and current research in the field, and share treatment options for preclinical AD, including ongoing clinical trials.

Rebecca Amariglio, PhD, is a clinical neuropsychologist at Brigham and Women's Hospital and the Massachusetts General Hospital and Assistant Professor in Neurology at Harvard Medical School. She is a recipient of the New Investigator Research Grant by the Alzheimer's Association and the NIH Mentored Patient-Oriented Research Career Development Award.

"Can We Stop Alzheimer's?" ANOVA program

With Kate Papp

November 30, 2017, 8:00—9:15 PM



We will show the compelling PBS documentary, "Can Alzheimer's Be Stopped?" It is one of the greatest medical mysteries of our time, as the disease strikes at the core of what makes us human: our capacity to think, to love and to remember. This film includes what researchers are doing to find a cure and the role people play in participating in clinical trials.

Kathryn Papp, PhD, is a clinical neuropsychologist with a primary interest in the early detection of Alzheimer's disease (AD). She is also Assistant Professor at Harvard Medical School.

Pathways to Prevention: Maximizing Brain-Healthy Behavior to Protect from Cognitive Decline

With Seth Gale and Hope Schwartz

December 21, 2017, 8:00—9:15 PM



As life expectancy increases in the U.S. and globally, with a growing number of older individuals each year, the prevalence of Alzheimer disease and others dementias is on the rise. Fortunately, there is significant evidence that certain healthy behaviors can decrease the chance of developing new or worsening cognitive problems. Dr. Seth Gale and Hope Schwartz (Brigham and Women's Hospital Center for Brain/Mind Medicine) will provide an overview of cognitive aging and Alzheimer disease, focusing on modifiable risk factors for dementia. This program will review current research in diet, mindfulness, sleep, exercise, and social and cognitive activities, and will also explore the lifestyle changes you can make today to maximize your brain health for the future.

Seth Gale, MD is a behavioral neurologist at Brigham and Women's Hospital, with interests in a broad spectrum of cognitive/behavioral disorders. His clinical focus is in the degenerative dementias, including Alzheimer's disease and frontotemporal lobar degeneration (FTLD).

Hope Schwartz is a program coordinator for the Brain Health Champions Study at the Center for Brain/Mind Medicine. The program focuses on improving brain healthy behavior, especially exercise, diet, and social and cognitive activity, in patients with cognitive concerns.

All talks are free and open to the public. No RSVP necessary! Questions? Contact Linna Ettinger at AdultEd@templeemunah.org



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